

6124 Tecumseh Road East
(Corner of Tecumseh & Jefferson)
Phone: 519-915-9494

SOUTHERN ONTARIO ENDOSCOPY CENTRE

GASTROSCOPY

Date of Procedure: _____

Arrival Time: _____ Please bring valid health card to this appointment.

** Since there is a high demand for endoscopy procedures, there will be a fee of \$150.00 for cancellations less than 5 business days prior to the appointment**

PLEASE CALL THE OFFICE ONE WEEK PRIOR TO CONFIRM APPOINTMENT

You will not be permitted to drive after undergoing your procedure. Please arrange for a ride home. You must have an adult accompany you. Since you receive sedation for your procedure, your judgment may be diminished. You must not drive, operate machinery or participate in activity that requires your normal judgment. You will not be able to return to work on the day of the procedure.

If you do not read or write English you must have a translator with you throughout the procedure. Forms will be completed upon check in. **Please bring reading glasses if you require them.**

7 DAYS PRIOR TO GASTROSCOPY

PLEASE CONSULT PHYSICIAN BEFORE STOPPING YOUR BLOOD THINNERS

- Blood thinners such as Plavix, Clopidogrel, Ticlid – stop **7 days prior to procedure**
- Coumadin (Warfarin) - stop **5 days before**.
- Xarelto, Eliquis and Pradaxa only need to be stopped for **24 hours prior to procedure**.

DAY OF GASTROSCOPY

- **NOTHING TO EAT AFTER MIDNIGHT. DO NOT DRINK FOR SIX HOURS PRIOR TO PROCEDURE – this will result in a delay of your procedure.**
- **TAKE YOUR REGULAR BLOOD PRESSURE & HEART MEDICATIONS** with a small sip of water. **DO NOT TAKE BLOOD THINNERS.**
- **DIABETICS:** Delay morning diabetic medication until after the completion of your gastroscopy.
 - Test more frequently if required (Ex: if you feel symptoms of hypo/hyperglycemia.)
- Patients with **ASTHMA / COPD:** Bring your inhalers with you to your appointment.
 - Do not consume any alcohol day of preparation or day of procedure.
- → (read reverse side)

Although complications are rare, gastroscopy is a medical procedure that does carry with it possible risks and rare complications.

Those risks and complications include but not limited to:

Hemorrhage (Bleeding)

Aspiration (inhaling of fluid)

**WE ASK THAT YOU WEAR A MASK WHILE IN THE BUILDING.
PLEASE HAVE YOUR RIDE WAIT IN THEIR VEHICLE.**

**WE WILL CALL THEM WHEN YOU ARE READY TO LEAVE.
WE WOULD PREFER TO HAVE ONLY THE PATIENT COME
INSIDE FOR THEIR APPOINTMENT.**

**IF YOU ARE EXPERIENCING ANY SYMPTOMS, OR HAVE
BEEN IN CONTACT WITH OTHERS THAT ARE
EXPERIENCING SYMPTOMS RELATED TO COVID-19 SUCH
AS:**

**FEVER, COUGH, SHORTNESS OF BREATH
PLEASE NOTIFY THE CLINIC AS SOON AS POSSIBLE.**